

Looking for support to find work, start a business or gain new skills?

Welcome to Newham Employment Support Services

If you're living with a mental health condition, physical health issue, disability or recovery ion - and it's making employment feel out of reach - you're not alone.

Employment specialists within **Newham Employment Service** are here to support you every step of the way.

- ✓ Support to find and keep a job
- ✓ Help with training, education, or starting your own business
- ✓ One-to-one guidance from experienced employment advisors



Contact us

To get involved, please visit our website -

www.elft.nhs.uk/service-users-and-carers/employment-support-newham



Brought to you by:



Would you thrive better if you had your own business?

Success Stories: Meet Gizem

Working for a big global corporation, Gizem wanted to explore and monetise her true passion, baking, without losing her bill-paying income.

How we helped

Newham Employment Services helped her negotiate with her company to reduce her working hours and get more time in the week to refine and market her skills.

The result

She is now about to open her first family-friendly coffee shop in East London.

“Thank you again for making such a meaningful difference in my life. ”



Gizem was supported by: **ingeus**

Contact us

We believe everyone like Gizem deserves the opportunity to build a working life that's right for them.

To find out how we can help you, visit:

www.elft.nhs.uk/service-users-and-carers/employment-support-newham



Let's work together to find the right fit for you.

Thinking about returning to work?

Success Stories: Meet Louis

Like many of us, Louis had experienced health set backs and struggled to get back to work. He wanted to find a stable cleaning job and reached out for help.

How we helped

Louis was matched with an employment specialist who spoke his language, encouraged him and helped improve his CV, apply for roles and connect with employers.

The result

Louis secured a full-time, permanent cleaning role with Prentis Solutions. He now has financial stability, renewed confidence and feels positive about planning his future.

“Working Well Trust helped me believe in myself again. With their support I found a full-time job, and now I feel more secure and ready to think about the future. ”

OBS: Louis is an alias used to protect the client's identity. The image used is a stock photograph.

Louis was supported by: **working**well trust



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Support to explore what's possible - and find the right fit for you.

Want help to realise your potential?

Success Stories: Meet Ibrahim

Ibrahim is a young adult with special needs who wanted to build independence to start work.

Our Newham Work provided regular tailored support to build confidence and communication skills. Ibrahim took part in a paid summer programme and received help with travel costs and reasonable adjustments through a Health Passport.

Ibrahim's confidence and self-esteem grew. He now has a sense of purpose and feels hopeful for the future.

“*I am very happy that my son is on this programme, I have seen a lot of change in him and he is now communicating more with family and engaging well, this job has given him a purpose and direction.*”

OBS: Ibrahim is an alias used to protect the client's identity. The image used is a stock photograph.

Ibrahim was supported by: 



Contact us

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Support to explore what's possible - and find the right fit for you.

Are you looking for a job that's going to work for you?

Success Stories: Meet Sona

Sona learns best through practical activities and a clear routine. With limited work experience and the need for workplace adjustments, it seemed impossible to find work.

With support from a Supported Employment advisor, Sona completed a four-week bike maintenance course, building skills, confidence and social interaction. This led to a kitchen porter role, with job coach support until Sona could work independently.

She is now working and thriving in a kitchen porter role at a local bakery.

“ I am happy with my job and very grateful for the support I have been given. ”

OBS: Sona is an alias used to protect the client's identity. The image used is a stock photograph.

Sona was supported by:



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Support to explore what's possible - and find the right fit for you.

Feeling nervous about taking the next step towards work?

Success Stories: Meet Tom

When Tom first joined the service, they struggled to engage with others and were not ready to move towards work. They did not have a CV, found appointments difficult and described feeling “broken inside”.

With consistent support, Tom began attending appointments and group workshops. Over time, this helped build routine, confidence and connection.

Tom is now actively applying for jobs and feels more comfortable speaking to people, taking positive steps towards their future.

“ I used to just look at the floor and couldn't make eye contact but now I have confidence to speak to people face-to-face. ”

OBS: Tom is an alias used to protect the client's identity. The image used is a stock photograph.

Tom was supported by:



Contact us

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Find out more: www.eleft.nhs.uk/service-users-and-carers/employment-support-newham



Support to explore what's possible - and find the right fit for you.